

2015 Achievement Awards Virginia Association of Counties

APPLICATION FORM

All applications must include the following information. Separate applications must be submitted for each eligible program. **Deadline: June 1, 2015.** Please include this application form with electronic entry.


PROGRAM INFORMATION

Locality: Prince William County
Program Title: Health and Wellness Council
Program Category: Organizational Development

CONTACT INFORMATION

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SIGNATURE OF COUNTY ADMINISTRATOR OR CHIEF ADMINISTRATIVE OFFICER

Name: Stephan M. Hudson
Title: Chief of Police
Signature: 

2015 VACO ACHIEVEMENT AWARD NOMINATION

With the alarming trend of obesity and other health concerns nationwide, Prince William County sought to provide employees with the tools necessary to recognize, combat, and ultimately prevent these wellness-related issues. The Health and Wellness Council, which contains representatives from agencies throughout the County government to include Risk Management, Public Safety, the Office of Executive Management, Department of Finance, Communications, Department of Social Services, Department of Development Services, Human Resources, Public Works, Community Services, Agency on Aging, and Department of Parks and Recreation, was created in 2012.

In the summer of 2014, the Council began coordination of a county-wide Health and Wellness Fair. The goal was to move toward a culture of awareness of healthy lifestyles in the workplace by providing educational opportunities, hands-on experiences, small group presentations, and keynote speakers to address a large array of health and wellness-related topics for all employees in an effort to deliver practical information, as well as to highlight County resources. In planning the event, the Council also recognized the need for unorthodox hours in order to accommodate the schedules of public safety, who work odd hours. The Fair was successfully held November 6, 2014 at a mid-county location from 0700-1900.

In achieving the goal of highlighting County resources, external vendors were not utilized. All vendor booths, training, and keynote presentations were conducted by County agencies to include but not limited to: Agency on Aging, Parks and Recreation, Department of Fire and Rescue, Police Department, Risk Management, VA Coop, and Community Services. In utilizing internal resources, not only was the Fair successful in highlighting County resources, but it was implemented at no budgetary impact.

Feedback received from employees was positive, many requesting the event be an annual occurrence. The Wellness Council plans to move forward with coordinating the next fair in the fall of 2015. This collaborative effort led to an innovative solution to a nationwide concern regarding health and wellness and it also promoted intra-governmental cooperation between numerous County agencies while being fiscally aware of budgetary implications. For these reasons, I nominate the Prince William County Health and Wellness Council for their dedication in providing innovative services to employees.