

# “Transcending Addiction: Pathways to Recovery”

THE STORY OF HOW A SMALL SOUTHWEST VIRGINIA  
COMMUNITY PLANS TO OVERCOME ADDICTION



Where is Dickenson County VA?



## Key Factors

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Rural Dickenson County – 330 sq Miles  
of Land

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Declining Population – Currently  
13,737

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Lack of Diverse Jobs Available

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Median Household Income \$33,905

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Lack of Affordable Housing

## Other Factors

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Lack of Education

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Lack of Healthcare Benefits Prior to Medicaid Expansion

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High Injury Occupations

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Tight Knit Communities

# OPIOIDS and SUBSTANCE ABUSE

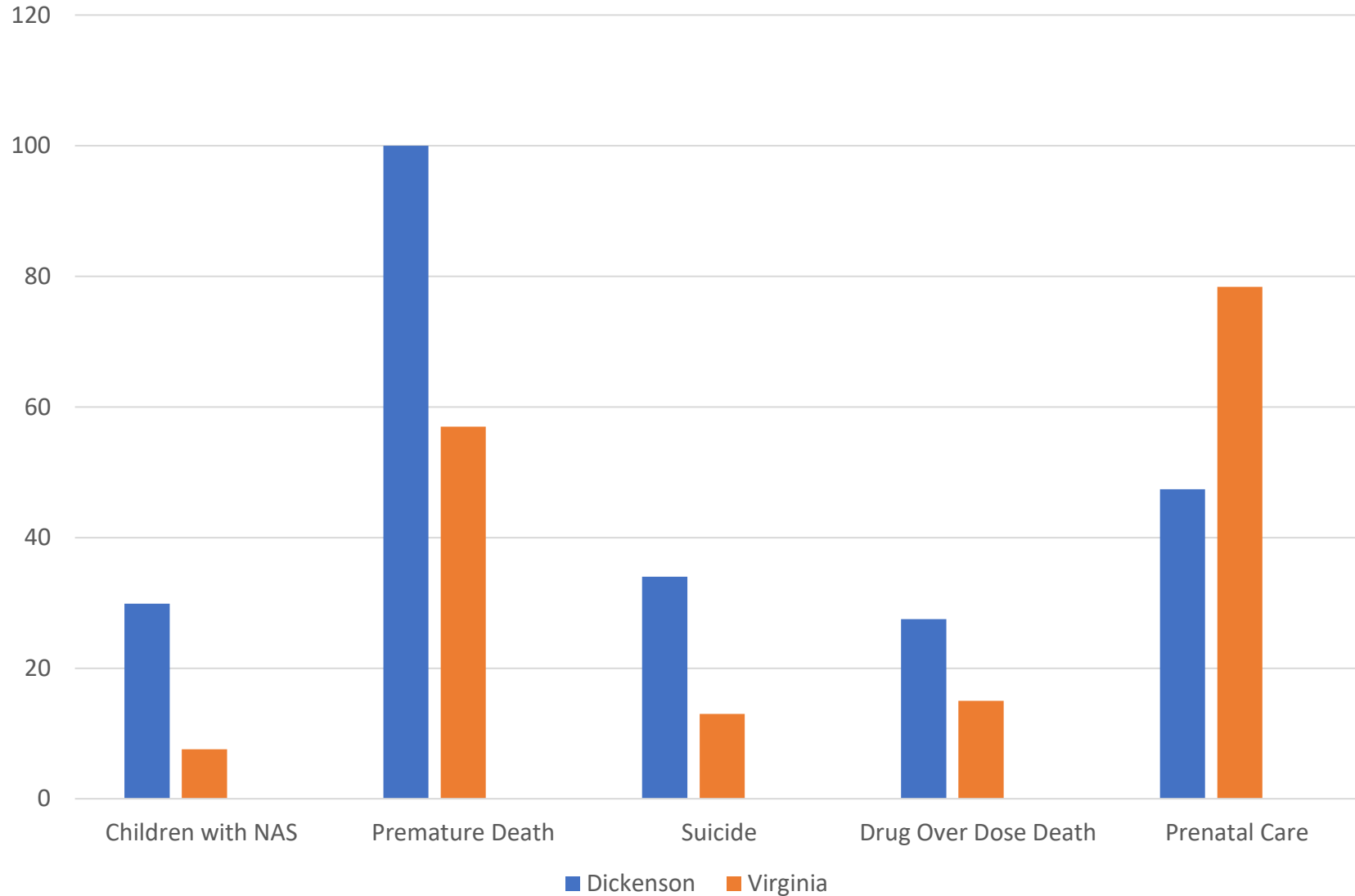
## Contributing Factors

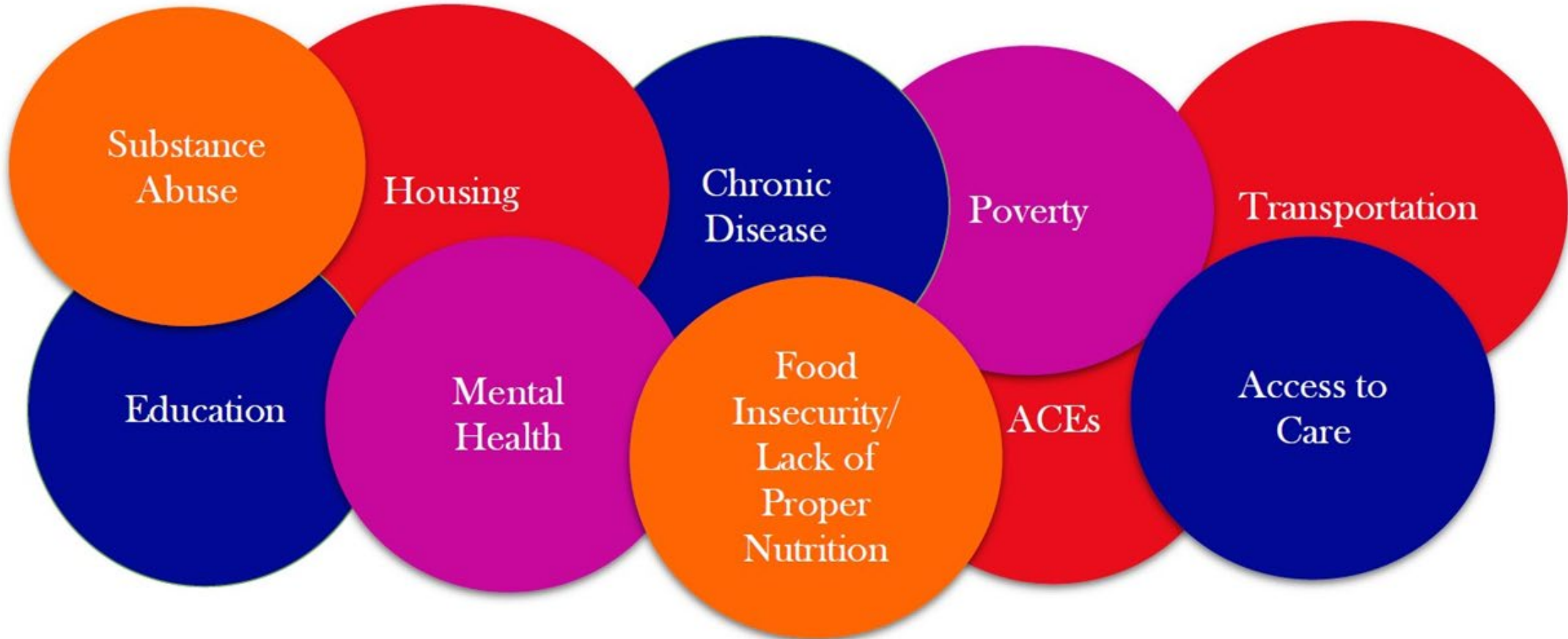
- Injuries from Coal Mining
- Aggressive Marketing
- Lack of doctors
- Lack of healthcare
- Lack of treatment programs
- Poverty

## The Appalachian Region



# DICKENSON BY THE NUMBERS





Substance Abuse

Housing

Chronic Disease

Poverty

Transportation

Education

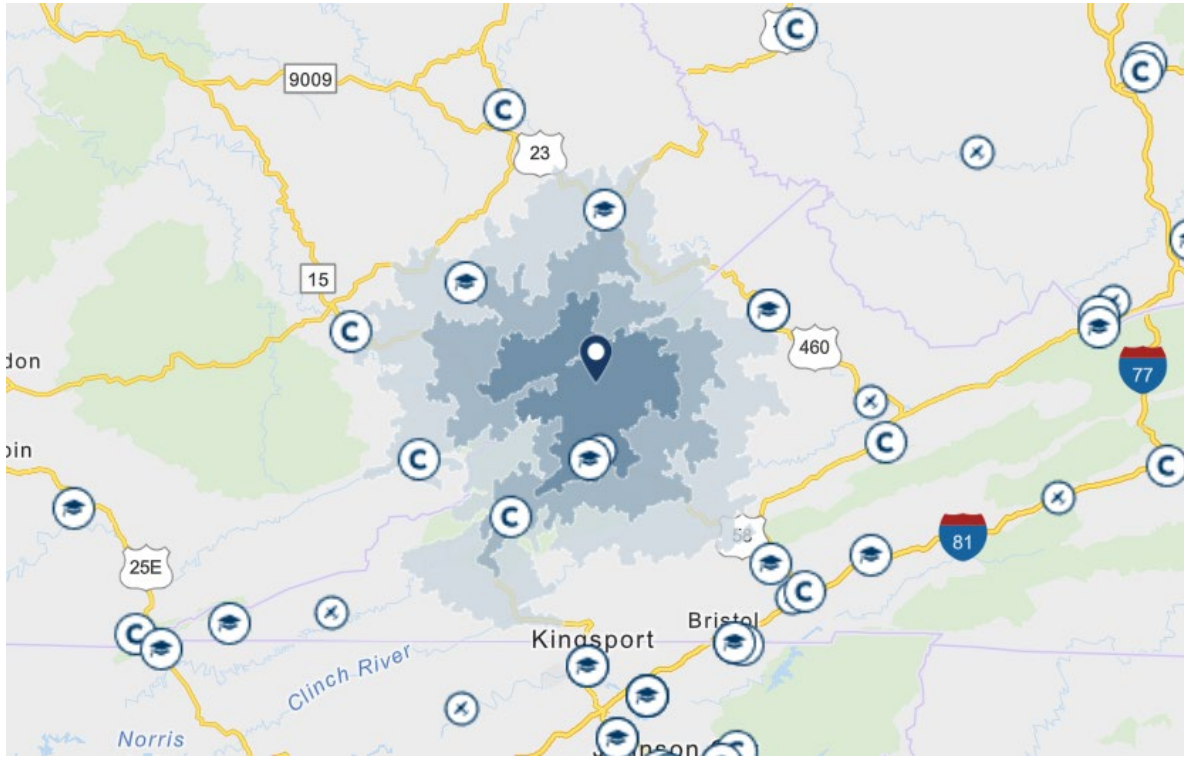
Mental Health

Food Insecurity/  
Lack of Proper Nutrition

ACEs

Access to Care

# Workforce Needs



Red Onion Industrial Site







# Wildwood Recovery Center

Crisis to Career | It's What Makes Us Different



**arc**<sup>TM</sup>

Opportunity.  
Hope.  
Destiny.



# CRISIS TO CAREER

TREATMENT + TRAINING



## PHASE 1

- Average 4-6 weeks
- Withdrawal management
- Addiction education
- Stabilization
- Start your recovery journey

## PHASE 2

- Average 6-8 Weeks
- Recovery skills
- Life skills
- Case management (TCM)
- Relapse prevention
- Peer support (PSS)

## PHASE 3

- 8 weeks
- Recovery in action
- Preparing for life after treatment
- Practicing recovery skills
- Invitation to destiny
- Job readiness

## PHASE 4

- Until 1 year in recovery
- Giving back
- Specialized job training
- Educational program
- Case management
- Peer support

>80% SUCCESS RATE FOR PEOPLE WHO COMPLETE ALL FOUR PHASES

# What are the expected long-term results?









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